

CHURCH @ the SQUARE

On-site WORSHIP SERVICES

Every Sunday afternoon at 3:00PM

Conducted by local partnering churches in the

Villa 2 Clubhouse Great Room

BIBLE STUDIES

MONDAYS Villa 1 1:00PM

WEDNESDAYS Villa 2 10:30AM

THURSDAYS Villa 4 10:00AM

Each Bible Study meets in each villa's clubhouse

The Encouraging Word Library

A Christian Reading Room in Villa 1 Clubhouse

OPEN TUESDAYS & THURSDAYS 9:00AM - 11:00AM

GriefShare

A wonderfully helpful Grief Recovery Program
For those who have lost a loved one.
Offered as needed

For more information, contact Chaplain Al at 721-3009

THE VILLAGER

August 2023

Psalm 84:11



"For the Lord God is a sun and shield;

The Lord will give grace and glory;
No good *thing* will He withhold

From those who walk uprightly."

Welcome Home New Residents

<u>Villa 1:</u>

Irma & Clifford Hill

Mary Lou Kesselring

Joanne Reynolds

Timothy Hibson

Villa 2:

Jo Ann Morton

Helen Palmer

Floyd Barber

Barbara Sheley

Paul Gerleman

Villa 3:

Antonia Bissel

Viola Concentras

June Cramblit Can Bui

Villa 4:

Betty Sesma



Your Devoted Management Team

| Executive Director: George Ortega | 520-721-3020 |
|---|--------------|
| Administrative Assistant: Yadira Celaya | 520-721-3010 |
| Property Accountant: Susan Finnegan | 520-721-3019 |
| Maintenance Facility Director: Andres Galaz | 520-721-3023 |
| Leasing Coordinator: Sandra Luety | 520-721-3002 |
| Food Services Director: Winona Williams | 520-721-3044 |
| Dining Room Manager: Rebecca Herod | 520-721-3046 |
| Chef/Kitchen Manager: Yaovi Johnson | 520-721-3045 |
| Bistro: | 520-731-6680 |
| Activity/ Transportation: | 520-721-3003 |
| Senior FITness Specialist: Michelle | 520-461-1460 |
| Physical Therapy: Rachel PTA | 520-721-3033 |
| Community Chaplain: Al Story | 520-721-3009 |
| Housekeeping Manager: Shannon Corcoran | 520-721-3013 |
| OASIS AL Manager: Diane Gould | 520-461-1458 |
| OASIS Life Enrichment: Patricia Schumacher | 520-731-6685 |
| Resident Services Lead: Monique Gonzales | 520-721-3006 |
| Maintenance: | 520-731-6699 |
| Security: | 520-721-3017 |
| Salon at the Square: Maggie | 520-298-7776 |
| Main Office | 520-886-5537 |
| | |

Community Resources

| Glenn Wheelchair Repair | 520-323-7400 |
|----------------------------------|--------------|
| Susan Tekk– Hearing | 520-870-8725 |
| PCOA Helpline | 520-790-7262 |
| 24hr Elderly Crisis Line | 520-339-2801 |
| Sun Tran Customer Service | 520-792-9222 |
| Stroke Support Group through TMC | 520-488-5009 |

Office Hours:

Salon on the Square:

Villa 1 Apt. 106 Tues - Sat 9am – 5pm

Resident Services:

Villa 2 Apt. 169 M-F 9am – 4pm

(closed 12 - 12:30pm)

Activities:

Villa 2 Apt. 169 M – F 9am – 4pm (closed 12 - 12:30pm)

Dining:

M - S 11:30am - 5pm Sun. 11am - 2pm

Bistro:

Daily

Breakfast 7am – 10am Lunch 11 am - 2 pm

Business Office:

M – F 8:30am – 5pm Sat. 9am – 4pm

Physical Therapy:

Villa 2 Apt. 170 M – F 8am – 2pm

Senior Fit:

Villa 2

Daily - 5am - 10pm Supervised— M - F 7am - 3pm

Oasis:

Villa 4 Apt. 219 M - F 7:30am-3:30pm (closed 12 - 1pm)

Fabulous Finds:

Villa 1 Apt. 117 Mondays & Wednesdays 9:00am - 12:00pm

Wednesday, August 23rd at 7:00pm

Gaslight Theater presents: The Revengers

Pick up times:

V1: 6:00pm | V3: 6:05pm | V4: 6:10pm | V2: 6:15pm



Thursday, August 24th at 1:00pm Villa 2 Great Room

Healthy Foods 101 by At Home Healthcare

Valerie Pinon speaks on healthy eating habits.



Friday, August 25th from 9:00am to 4:00pm V2 Apt #169

Popsicle Day!

Stop by the activities office for a popsicle! We are open from 9:00am to 4:00pm. Closed for lunch from 12:00pm to 12:30pm.

Saturday, August 26th at 1:00pm Villa 2 Great Room

MOVIE: Thoroughly Modern Millie

Set in the 1920's, flapper Millie is on a mission to marry her own boss.



Wednesday, August 30th at 4:00pm

Dinner at Opa's Best Restaurant

Pick up times:

V1: 3:30pm | V3: 3:35pm | V4: 3:40pm | V2: 3:45pm



Thursday, August 31st at 11:00am Villa 2 Great Room

Home Safety presentation with Bayada Health

Learn about how one can practice safety measures such as furniture placement or proper lighting to prevent falls.



Saturday, August 19th at 9:00am

Scenic Drive: Tucson Murals

Pick up times:

V1:8:45am | V3: 8:50am | V4: 8:55am | V2:9:00am



Monday, August 21st at 10:30am Villa 2 Great Room

Keri Woolston Presents: An Old Neighborhood and an

Older Bridge

Barrio Viejo and London Bridge!



Monday, August 21st from 11:00am to 2:00pm Dining Room

Watch Battery and watch band repair

David Quackenbush from A-1 Watch Company will be

fixing watches for a discounted price of \$5.





Monday, August 21st at 2:00 pm V2 Great Room
RESIDENT BIRTHDAY PARTY (Make sure to register)

Let's celebrate your birthday!



Tuesday, August 22nd from 9:30am to 10:30am Villa 2 Great Room

Fire and Fall prevention

Tucson Fire Department is providing an educational presentation regarding fall prevention and fire safety.



Wednesday, August 23rd at 2:00pm Villa 2 Great Room

Fall Asleep and Stay Asleep Presentation

Tamra Young from Ventana Insurance will be discussing the 5 stages of sleep and how to improve sleep habits.



Røsidønt Cornør



Susan's Monthly Joke

Q: What are dinosaurs called when they're asleep?

A: A Dino-Snore!

COME WEFUN WITH US!

Remember to register for ALL activities with the Activities Dept. 520-721-3003

Saturday, August 12th

1:00 pm

V2 Great Room

MOVIE: All of Me

Starring: Steve Martin, Lily Tomlin, Victoria

Tennant

Monday, August 14th

2:00 pm

V2 Great Room

MOVIE: Gone With The Wind

Starring: Clark Gable, Vivien Leigh, Thomas

Mitchell

Saturday, August 26th

1:00 pm

V2 Great Room

MOVIE: Run Away Bride

Starring: Julia Roberts, Richard Gere, Joan

Cusack

Monday, August 28th

2:00 pm

V2 Great Room

MOVIE: Thoroughly Modern Millie

Starring: Julie Andrews, James Fox, Mary

Tyler Moore



Veteran's Corner



Over the course of America's history, more than 41 million Americans have served in the Military. Quite a few of those Americans happen to be famous!

Morgan Freeman joined the Air Force in 1955 and worked as a radar technician.

Clint Eastwood was drafted into the Army in 1951 and served as a life guard.

Montel Williams Joined the Marine Corps in 1974.

Gene Hackman lied about his age at 16 to join the Marine Corps in 1956.

Bea Arthur served as a truck driver and a typist for the Marine Corps in 1943 at the age of 21 years old.

Chuck Norris enlisted in the air force in 1958 and served as a policeman.

Jimi Hendrix enlisted in the army at 18 years old in 1961.

Bob Ross joined the Air Force at 18 in 1961 and became a drill sergeant.

Johnny Carson enlisted in the Navy in 1943 and worked as an instructor.

Humphrey Bogart was enlisted into the Navy in 1918.

Betty White was a member of the American Women's Voluntary Services in 1941. Her job was to drive a supply truck to the barracks.

Johnny Cash enlisted in the Air Force in 1950 after graduating high school.

James Earl Jones joined the Army in 1953.

Mel Brooks enlisted in the army at 17 years old in 1944.

Tony Bennett served in the army during World War II.

Thursday, August 10th 1:00pm Villa 2 Great Room

Science For Seniors Presentation: Canadian Rocky Mountains



From grizzly bears to a daytime average of 65 degrees, Dr. Topoff tells all about the Canadian Rocky Mountains.

Monday, August 14th at 9:00am

Breakfast at First Watch

Pick up times:

V1:8:35am | V3: 8:40am | V4: 8:45am | V2:8:50am



Tuesday, August 15th at 10:00am Villa 2 Retreat (Next to Security).

Hearing screen and Cleaning with Susan Tekk

Screenings are free, cleaning is \$20 per ear. By appointment only. Contact activities to register. 520-721-3003



Tuesday, August 15th at 2:45pm Villa 2 Great Room

Trivia at the Square

Learn a thing or two, have a chuckle, share your knowledge!



Thursday, August 17th at 11:15am

PIMA COUNTY BOOKMOBILE—Between V2 & V4

Look around for some new ways to exercise your brain!



Thursday, August 17th at 2:00pm Villa 2 Great Room

Line Dancing

Have some fun and get a good workout with your pals and instructor Catherine Peacock!



Every Monday from 9am V2 Great Room

CARDIO DRUMMING

Get your blood flowing with this fun drumming.



Sunday, August 6th at 5:00pm Villa 2 Great Room

Johnny Wilson Concert

Johnny Wilson puts on a show and is set to perform a variety of music.



Monday, August 7th at 10:30am V2 Great Room

ADVENTURES IN ART: Maxfield Parrish

Carlye Dundon will speak on one of the most successful and prolific artists of the Golden Age of Illustration.



Monday, August 7th at 10:30am V2 Multipurpose Room

Journey in the Word: Walk By Faith

What does it mean to walk by faith and not by sight? Share your testimony.



Monday, August 7th at 3pm V4 Clubhouse

GLENN: WHEELCHAIR REPAIR

Wheelchair repairs at no cost! Contact info: (520)-323-7400



Tuesday, August 8th and 22nd at 12:30pm Villa 2 Multipurpose Room

Water coloring with Risa

Water color with renowned artist and instructor Risa Waldt!



Terry's Thoughts from the Bible

God vs. Sin

I saw a quote the other day and wanted to share it with you.

"God doesn't hate sin because it breaks a rule. He hates sin because it breaks us!" author unknown.

That is such a true statement. What an impact that made when I read it. It's not that God is waiting for us all to sin so He can correct us and punish us. To the contrary. God hates us sinning because it breaks us, it hurts us and it damages our relationship with Him.

I began to think back on all the things that the Word tells us not to do. Don't lie, cuss, cheat, steal, kill, gossip, don't put other gods before him, etc. Yes all those things hurt others, hurt ourselves and hurts our relationship with God.

On the flip side of that, we are blessed when we follow the Word of God which is life, peace, hope, forgiveness, self-control, goodness and long life. And all these things do not break us but build us up and deepens our relationship with God.

The scriptures about how good God is are too numerous to list. But I can tell you, after serving Him for 40+ years, He has never failed me, never forsaken me and has never hurt me. But He has enriched my life, blessed my heart and filled me with overwhelming gratitude for all He has done.

The Lord is good to all, and His tender mercies are over all His works.

Psalm 145:9

Oh, give thanks to the Lord, for He is good! For His mercy endures forever.

1 Chronicles 16:34

Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning.

James 1:17

I would have lost heart, unless I had believed that I would see the goodness of the Lord in the land of the living.

Psalm 27:13

Until next time, may God richly bless you. Terry

August 2023

Fabulous Finds Thrift Shop is Fellowship Square's own fundraising thrift store. Every proceed goes into projects like the Gratitude Garden.

Located in Villa 1, next to the Clubhouse, Fabulous Finds is open on Mondays and Wednesdays from 9:00am to 12:00pm.

See you there!

Crafts With Rene! June 30, 2023

Ever so often, residents meet up with Rene for some quality crafting time.

With a variety of neat ideas. June's craft had a 4th of July theme with decked out plates.

Stop by and get crafty sometime!





A big Thank You from Community Food Bank!

As of May of 2023, Fellowship Square donated 178 pounds worth of food! Community Food Bank of Southern Arizona thanks you for assisting neighbors in need.

- "Across Southern Arizona, families are enjoying healthy meals together, kids are looking forward to after school snacks, and seniors have food on their shelves because of companies like Fellowship Square."
- Malea Chavez CEO of Community Food Bank of Southern Arizona



MONSOON AWARENESS



Monsoon Season is here. While some enjoy the rain, we can all agree that it is a good idea to know when and how to play it lsafe.

Flash Flooding

If you are at home and you are experiencing flooding, call security immediately

Power Outages

Due to severe thunderstorms, power outages are prone to happen. Unfortunately, TV services and Wi-Fi are also likely to cut off.

Basic Needs

If the power is out for an extended amount of time, be sure to have a flashlight along with the correct batteries needed. Be sure to have 3+ days worth of food and water. Please make sure you have enough medications and are sure to take them when needed.

Starting at 8:00am in the Villa

2 West pool. Join Michelle for

a friendly 45 minute game of

pool volleyball! All skill levels

are welcome!

August 2023



Exercise Calendar

| M | 8:45am RL Chair Exercise | 9am Cardio Drumming | 9:45am Get off the Floor | 2nd Mon. of the month | |
|----|--------------------------------------|--------------------------------------|---|--------------------------|--|
| | V3 CH | V2 GR | V2 GR | only | |
| T | 8:00am Aqua Aerobics Class | 8:30am Balloon Volleyball V2GR | 9:15am Balance Boosters V2 MPR | | |
| W | 8:45am Sit and be Strong V2 GR | 8:45am RL Chair Fitness V3CH | 9:30am Balance Boosters Level 2 MPR | | |
| Th | 8:00am Aqua Aerobics Class | 9am Stretch & Flex MPR | 10am Balance Masters V2GR | | |
| F | 8:00am Water Volleyball | 8:45am sit and be strong V2GR | 8:45am RL Chair exercise V3 CH | | |
| Sa | 8:30am Balloon Volleyball V2GR | | | | |

DINING AT THE "RESTAURANT AT THE SQUARE"

A lovely experience in dining takes place at the "Restaurant on the Square". As one comes into the door the hostess escorts you to your table and you receive the menu for the day.

A well-trained server appears and asks for your drink order – coffee, iced or hot tea, soft drink, lemonade – or your choice.

Then it is time for you to study the menu. This restaurant is famous for marvelous soups. There is the "Salad of the Day", the "Fruit of the Day", jello, cottage cheese, or perhaps the tossed salad. The diner marks the menu to choose.

There are four Entrees. The fish is always a good choice. Chicken is served in many different ways. There will usually be a well-prepared pork or beef offering. Lastly will be the Vegetarian Presentation. These are often so delicious that non-vegetarians will choose these.

There are three choices of vegetables. It is amazing how many vegetables are offered over the course of time.

Dinner is not complete without dessert. The desserts are delicious, but you can always choose one of several kinds of ice cream that are available.

The "Restaurant on the Square" is very fortunate to have Winona Williams as the leader that sees that the food is always the best. Chef Yaovi Johnson oversees the preparation of the meals. Our beautiful dining room is managed by Rebecca Herod and her charming assistant, Amanda Vidal-Glidewell.

The tables are set with lovely table cloths and napkins. There is always a center piece on the table that features the holidays or seasons. The room itself is very large and a pleasing place to dine.

There are very few restaurants in Tucson that can offer the varied extensive menus each day and the lovely dining experience. The "Restaurant on the Square" is certainly one of Tucson's FIVE STAR RESTAURANTS

-G. Swoveland



| JoAnn Byrne | V1 | 8/1 | Ann Moll | V4 | 8/16 |
|--------------------|------------|------|------------------|------------|------|
| David Bentlage | V2 | 8/1 | Daniel Brys | V2 | 8/18 |
| Doris Rutter | V1 | 8/2 | Jacklyn Bennin | V1 | 8/19 |
| Shirley Mills | V2 | 8/2 | Cecile Hand | V2 | 8/20 |
| Barbara Spinelli | V 3 | 8/2 | Jesse Holmes | V2 | 8/21 |
| Shirley Briggs | V4 | 8/2 | Peggy Henssler | V1 | 8/22 |
| Leona Leist | V2 | 8/3 | Genevieve Kish | V2 | 8/22 |
| Nancy Wilson | V4 | 8/4 | John Bayer | V4 | 8/22 |
| Mattie Ross | V2 | 8/5 | Ruben Garcia | V2 | 8/23 |
| Jean Popovich | V1 | 8/6 | David Updegraff | V4 | 8/23 |
| Jean Damito | V2 | 8/10 | Beverly McGuffin | V2 | 8/25 |
| Marsha Clovis | V 3 | 8/11 | Lois Bayer | V4 | 8/25 |
| Douglas Kirschbaum | V3 | 8/12 | Delores Olson | V2 | 8/26 |
| Jerry Shandley | V2 | 8/13 | Adriana Robles | V 3 | 8/26 |
| Charlotte Paul | V2 | 8/13 | James McWilliams | V4 | 8/27 |
| Diane Akers | V2 | 8/14 | Mary Zaepfel | V2 | 8/28 |
| Corinne Gherbis | V1 | 8/16 | Michael Chicko | V2 | 8/29 |
| Robbie Kindler | V2 | 8/16 | Faith McClelland | V3 | 8/29 |
| Elizabeth Barnes | V3 | 8/16 | Carroll Bauer | V4 | 8/29 |

SPACE LIMITED: SIGN UP REQUIRED FOR ALL ACTIVITIES



Monday, August 14th 9:00am



Pick up times:

V1: 8:35am/ V3: 8:40am

V4: 8:45am/ V2: 8:50am

Dinner at

Opa's Best Restaurant

Wednesday, August 30th 4:00pm



Pick up times:

V1: 3:30pm/ V3: 3:35pm

V4: 3:40pm/ V2: 3:45pm

Scenic Drive:

Tucson Murals

Saturday, August 19th 9:00am



Pick up times:

V1: 8:45am /V3: 8:50am

V4: 8:55am/ V2: 9:00am

Gaslight Theatre:

The Revengers

Wednesday, August 23rd

7:00pm



Pick up times:

V1: 6:00pm / V3: 6:05pm

V4: 6:10pm / V2: 6:15pm

New Resident Coffee Break

Thursday, August 28th

From 9:00am to 10:00am in the Villa 2 Great Room.

For new residents, welcome to your new home and your new community! We are so glad to have you here and we invite you to have some coffee and donuts with your new neighbors. Enter to win a raffle prize!

For current residents, we encourage you to come, meet your new neighbors, and have a treat or two!

Call Staci to reserve your spot.

Staci, Resident Liaison.

520-721-3026



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------------------------------|--|--|--|--|------------------------------------|---|
| | | 1 | 2 | 3 | 4 | 5 |
| | | 8:00am Aqua Aerobics with Michelle V2 Pool | 8:45am Sit and Be Strong, V2 GR | 8:00am Aqua Aerobics with Michelle V2 West | 8:00am Water Volleyball V2 Pool | |
| | | 9:00am - 2:00pm Doctor / Dentists Appts. | 9:00am & 10:00am Fry's / 22nd | Pool 9:00am - 2:00pm Doctor / | 8:45am Sit and Be Strong, V2 GR | a K |
| A SALARA SALARA | Samuel Andrew | 9:15am Balance Boosters Level 1 V2 MPR | 9:30am Balance Boosters Level 2 V2 MPR | Dentists Appts. 9:00am Stretch and Flex | 9:00am Loop 1, 2 and 3 | |
| | | 11:00am Catholic Mass V2 GR 12:00pm Bible Study V3 | 10:30am Bible Study V2 GR 1:00pm Safeway | V2 MPR 10:00am Balance Masters Level 3 V2 MPR | 10:00am Wii Bowling, V2 GR | |
| | | СН | 1:00pm Sprouts/Kohl's | | | 是 、人人人 |
| 6 4 9 | 7 6 74 | 8 | 9 | 10 | 11 | 12 |
| 3:00pm Church Services, V2 GR | 9:00am & 10:00am Fry's / Speedway | 8:00am Aqua Aerobics with Michelle V2 Pool | 8:45am Sit and Be Strong, V2 GR | 8:00am Aqua Aerobics with Michelle V2 Pool | 8:00am Water Volleyball V2 Pool | 1:00pm MOVIE: All of Me V2 GR |
| 5:00pm Johnny Wilson Concert V2 GR | 9:00am Cardio Drumming V2 GR | 9:00am - 2:00pm Doctor / Dentists Appts. | 9:00am & 10:00am Fry's / 22nd | 9:00am - 2:00pm Doctor / Dentists Appts. | 8:45am Sit and Be Strong, V2 GR | |
| IN PASSES | 10:30am Adventures in Art: Maxfield Parrish V2 GR | 9:15am Balance Boosters Level 1 V2 MPR | 9:30am Balance Boosters Level 2 V2 MPR | 9:00am Stretch and Flex V2 MPR | 9:00am Loop 1, 2 and 3 | |
| 10 1/1 | 10:30am Journey in the Word: Walk By Faith V2 MPR | 11:00am Catholic Mass V2 GR | 10:30am Bible Study V2 GR | 10:00am Balance Masters Level 3 V2 MPR | 10:00am Wii Bowling, V2 GR | |
| | 1:00pm Bible Study V1 CH 1:00pm Michaels/Ross | 12:00pm Bible Study V3 CH | 1:00pm Banks/Injoy | 1:00pm Science for Seniors Presentation: | | 图 人名 |
| | 1:00pm Walmart/Houghton | 12:30pm Water Coloring | 1 15 1 10 10 | Rocky Mountains | | 111111111111111111111111111111111111111 |
| | 3:00pm Wheelchair Repair V4 CH | WITH RISA V2 WIPR | | | | |
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| MAN CASE WILL | BALL TO TAKE | | | F 31 15 78 8 | | |

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| | Speedway. | 0.00aiii Aqua Aerobics With | | 8:00am Aqua Aerobics with Michelle V2 Pool | 8:00am Water Volleyball V2 Pool | 9:00am Scenic Drive Murals of Tucson |
| | 9:00am Cardio Drumming V2 GR | Dentists Appts. | | 9:00am - 2:00pm Doctor / Dentists Appts. | 8:45am Sit and Be Strong, V2 GR | |
| | 9:00am Breakfast at First Watch | Level I VZ WIFK | Ciccain Balance Becetore | 9:00am Stretch and Flex V2 MPR | 9:00am Loop 1, 2 and 3 | State of the state of the state of |
| | 1:00pm Bible Study V1 CH 1:00pm Target/Albertson's | 10:00am Hearing screen and cleaning with Susan Tekk V2 | 10:30am Rible Study V2 GR | 10:00am Balance Masters Level 3 V2 MPR | 10:00am Wii Bowling, V2 GR | Alka Amerika Marina |
| | 1:00pm Walmart / Houghton | Retreat 11:00am Catholic Mass V2 GR | 11:00am Physical Therapy | 11:15am Bookmobile | | STATE OF THE PROPERTY OF THE P |
| | 2:00pm MOVIE: Gone With The Wind V2 GR | 12:00pm Bible Study V3 CH | Spotlight V2 MPR 1:00pm Safeway | 2:00pm Line Dancing V2 GR | | A STATE OF THE PARTY OF THE PAR |
| | | 2:00pm Trivia at the Square V2 GR | 1:00pm Sprouts/Kohl's | | Rosal Maria | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | 9:00am & 10:00am Fry's / Speedway | Michelle V2 Pool | | 8:00am Aqua Aerobics with Michelle V2 Pool | 8:00am Water Volleyball V2 Pool | 1:00pm MOVIE: Run Away Bride V2 GR |
| THE R. P. LEWIS CO., LANSING MICH. LANSING M | 9:00am Cardio Drumming V2 GR | 9:00am - 2:00pm Doctor / Dentists Appts. | 9:00am & 10:00am Fry's / | 9:00am - 2:00pm Doctor / Dentists Appts. | 8:45am Sit and Be Strong, V2 GR | |
| OF STATE OF | 10:30am Keri Woolston Presentation: An Old | 9: 15am Balance Boosters | 22nd | 9:00am Stretch and Flex V2 | 9:00am Loop 1, 2 and 3 | |
| | Neighborhood and an Older Bridge V2 GR | 9:30am—10:30am Fire and Fall prevention by TFD V2 GR | 1:00pm Banks/Injoy | 10:00am Balance Masters | 1 <mark>0:00am Wii Bowling, V2</mark> GR | |
| AND THE PROPERTY OF | 11:00am –2:00pm Watch Repair Dining Room | 11:00am Catholic Mass V2 GR | presentation by Tamra Young | Level 3 V2 MPR 1:00pm Healthy Foods 101 | 9:00am—4:00pm Popsicle Day V2 apt 169 | 美术学人 |
| 1000 100 100 100 100 100 100 100 100 10 | 1:00pm Bible Study V1 CH | 12:00pm Bible Study V3 CH 12:30pm Water Coloring with | V2 GR 7:00pm Gaslight Theater | with At Home Health V2 GR | | MARKET PROPERTY OF THE PARTY OF |
| A STATE OF THE PARTY OF THE PAR | 1:00pm Michaels/Ross 1:00pm Walmart/Houghton | Risa V2 MPR | 7.00pm Gashgift moater | | AND AND THE T | |
| TO ALL SHARE THE REAL PROPERTY. | 2:00pm Resident Birthday Party V2 GR | | | N. P. BUILDING | | |
| 27 | 28 | 29 | 30 | 31 | | On Site Activities |
| 3:00pm Church Services, V2 | | 8:00am Aqua Aerobics with | 8:45am Sit and Be Strong, V2 | 8:00am Aqua Aerobics with Michelle V2 Pool | 13个体制 有 | Off Site Activities Off site Special Events |
| GNAMA PARIN | 9:00am Cardio Drumming V2 GR | 0.00cm 2.00mm Doctor / | 9:00am & 10:00am Fry's / 22nd | 9:00am - 2:00pm Doctor / Dentists Appts. | W NEW YORK | On Site Special Events |
| PART AND | 10: 00am New Resident Coffee Break V2 GR | 9:15am Balance Boosters | 9:30am Balance Boosters Level | | | A A A A A A A A A A A A A A A A A A A |
| CONTRACTOR OF THE PARTY OF THE | 1:00pm Bible Study V1 CH | 11:00am Catholic Mass V2 | 10:30am Bible Study V2 GR | 10:00am Balance Masters | | |
| ROSES ASSES | 1:00pm Target/Albertson's | | 4.00pm Diffici at Opa 3 Dest | Level 3 V2 MPR | | San Bridge Control |
| 77 C FE CO . 12 C C C C C C C C C C C C C C C C C C | 1:00pm Walmart/ Houghton | 12:00pm Bible Study V3 CH | | 11:15am Home Safety with Bayada Health V2 GR | | |
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