



Independent Living Community Update **August 11, 2020**

Covid-19:

Arizona COVID numbers are showing some improvement – still climbing but with fewer new cases per day. We remain steady on our Independent Living services – continuing with what we have reopened, but not yet opening up anything else. We stay current with guidelines provided by the CDC, AzDHS and Maricopa County Health Dept. We will continue to monitor and evaluate all of this information and will adjust services as recommended and appropriate.

How many cases in our Fellowship Square Historic Mesa Community?

In our independent living community we currently have three staff members with confirmed COVID-19 positive tests who are quarantining at home. There are currently five residents who have been confirmed positive for COVID-19 – four are quarantining at home and one is off campus. Any other previously reported cases have completed their quarantine period. The Oasis remains Covid-free at this time.

We remain committed to helping reduce the spread of COVID-19 within our senior living community. Staff wear masks and are trained to follow infection control protocol. We cannot guarantee our efforts will keep residents from contracting the virus, however please know that our number one priority continues to be the health and safety of our residents and staff!

Frequently Asked Questions:

When should you self quarantine? We continue to advise residents to stay home and self-quarantine for 14 days if any of the following apply:

- 1) they have a fever or respiratory symptoms
- 2) they are told to by the health care provider that they should self-quarantine
- 3) they test positive for Covid-19 or have been tested and are awaiting results
- 4) they go to a high risk location like a hospital or emergency room

What happens if a resident tests positive? Residents who test positive are asked to inform Security so that we can implement our quarantine protocols. It is the responsibility of the testing site to contact Maricopa County Department of Health and they will do contact tracing, however we also ask the resident who they may have been in close contact with so that we can inform them and request they get tested.

How can you get a test? Residents should contact their primary health care provider for information on testing if they are concerned. Testing is available locally at FastMed urgent care and CVS. Residents may call life enrichment for transportation information to testing sites.

Reminder to wear face coverings: Residents, staff and visitors must wear a facemask or cloth face covering anytime social distancing is not possible. Residents and staff are reminded to adhere to the requirement within our community.

When can our community get back to normal? While we have lifted a number of restrictions so far, we are not lifting ALL restrictions at this time. Further expansion of our phased in approach is on hold. We have intentionally not given dates to the phased in opening plan so that we can monitor the community spread and adjust accordingly.

- **Here is where we remain as of today:**
 - East/West gates remain locked for a variety of safety concerns.
 - Small group activities continue for up to 6 residents. Please review the Activities Calendar that was delivered to your door.
 - Swimming pools – currently 3 time slots available M-F and Saturday for all pools now including the lap pool. Reservations are required through Life Enrichment.
 - For all activities and swimming - we continue to follow CDC recommendations for social distancing and cleaning.
 - Nonessential visitors were welcomed back with precautions on June 10th – wearing a mask, to apt only and a brief health screen. Now family/friends can make deliveries of packages or groceries to your door! Please limit your visitors for your safety and others.
 - Package service delivery to your door restarted on June 15th.
 - With limited staff, we have been able to resume some housekeeping services. Currently ...
 - Housekeeping of apartments will consist of bathroom cleaning and floor cleaning.
 - Laundry will be available and beds will be made for those who are in need.

- **What is not changing just yet**
 - NO Guests in common areas (pool, dog parks...)
 - Meal service will continue with delivery only.
 - Gyms are not open at this time due to Gov. Order.
 - No transportation except for individual essential medical appts and essential shopping.
 - Group programs in gym not available, channel 1960 programming continues.
 - Community rooms and common areas open to scheduled activities only
 - Enhanced cleaning and disinfecting of common areas
 - No volunteer lead programs – only staff
 - Resident communications will continue to be delivered to apartments.
 - Grand beauty shop open by appointment only with precautions

Country Store Update: Due to staffing limitations, Country Store deliveries will only be made twice per week beginning August 24th: Mondays & Thursdays for the Grand/west side and on Tuesdays & Fridays for the Center/east side. Residents may continue to place their orders at any time and they will be fulfilled on the next scheduled delivery day. Watch for more information on this from Life Enrichment.

Water Meter Work: The City of Mesa water meter project is almost finished and expected to be completed by the end of this week. If the main exit in front of the office is closed at any time, your exit will be at the gate next to O building. Please do not enter the property at the O gate under any circumstances.

Little Black Boxes: Some of you may have noticed little black boxes on the ground outside some of the buildings. These are called rodent boxes and were put in place by our new exterminating company. The new company is one that is used by our sister campuses and was highly recommended. Be assured that we do not presently have a rodent problem. The boxes were simply put in place as a proactive and preventative measure.

Heat Advisory: Temperatures remain dangerously hot outside so please stay inside as much as possible and try to limit any necessary outdoor activity to the morning hours. Remember to DRINK PLENTY OF WATER!

Our Leadership: As you are all aware by now, Kristie Larsen, our Executive Director has transitioned to leadership at our Phoenix campus. Our well wishes and prayers go with her. Our corporate leadership took great care to find just the right person to take Kristie's place and they found her. We extend a warm welcome to Rena Phillips, our new Executive Director. Rena is a Mesa native, has a heart for senior service (as well as animals) and appreciates our Christian values.

As always, please ask your family members to continue to watch our website and Facebook page for these updates. Have a blessed week and stay well!