

# MONTH-AT-A-GLANCE MENU FOR AUGUST 1<sup>ST</sup>-31<sup>ST</sup>, 2023

## SUNDAY

### Delivery Times:

12:00pm, 1:00pm,  
4:00pm or 5:00pm

Times are subject to change depending on the amount of meals placed for delivery.

### Contact Numbers:

DELIVERY:  
731-6680

## MONDAY

### Dining Room Hours

Monday - Saturday  
(All Day)

11:30am - 5:00pm  
To-Go - 11:30-5:45PM

### Sunday

11:00am - 2:00pm  
To-Go- until 2:45pm

## TUESDAY

**1** Taco Tomato Chowder  
Green Chili Chicken Quesadilla  
♥ Grilled Whitefish W Mango Sauce  
**Turkey Club Sandwich**  
Vegetarian ♥ California Burrito

Spanish Macaroni & Cheese  
♥ **Steamed Carrots**  
♥ **Mixed Greens**

Apple Crisp

## WEDNESDAY

**2** Asian Mushroom Soup  
**Fried Fish W/ Fries**  
**Sweet & Sour Pork**  
**Roasted Pork Loin**  
**Vegetarian ♥ Tofu Salad Bowl**

Steamed Jasmine Rice  
♥ Asian Blend Vegetables  
♥ **Steamed Zucchini**

Chocolate Pudding

## THURSDAY

**3** French Spring Soup  
♥ **Catch of Day**  
Chicken Pattie on A Bun  
**Country Style Pork Chops**  
Vegetarian ♥ Hearty Farm Salad W/ Roll

Pan Fried Potatoes  
♥ Peas & Mushrooms  
Corn Medley

Toasted Almond Crunch

## FRIDAY

**4** Manhattan Clam Chowder.  
**Orange Glazed Chicken**  
♥ Lemon Pepper Cod  
**BBQ Beef Sandwich**  
Vegetarian ♥ Grilled Cheese & Tomato Sandwich

Garlic Red Mashed Potatoes  
♥ **Stewed Tomatoes**  
♥ **Mixed Veggies**

Banana Yogurt Cake

## SATURDAY

**5** Chicken Orzo Soup  
Open Face Hot Beef Sandwich  
**BBQ Chicken**  
♥ **Baked Tilapia**  
**Vegetarian ♥ Mediterranean Veggie Wrap**

Mashed Potatoes  
♥ **Broccoli & Cauliflower**  
♥ **Glazed Beets**

Buster Bar Dessert

**6** Cream of Mushroom Soup  
**Catfish St James W/ Corn Bread**  
♥ **Roasted Turkey**  
Beef Sirloin Tips  
Vegetarian Egg Salad on A Croissant

Stuffing  
♥ **Sugar Snap Peas**  
♥ **Glazed Squash**

Lemon Meringue Pie

**7** Egg Drop Soup  
Rueben Sandwich  
Braised Pork Normandy  
♥ Cod W/ Lemon Sauce  
Vegetarian ♥ Mushroom Quiche W/ Fruit

Baked Potato W/ Sour Cream  
Sauteed Hominy & Bacon  
♥ **Peas & Pearl Onions**

Assorted Desserts

**8** Chicken Tortilla Soup  
**NC Stuffed Peppers**  
Monte Cristo Sandwich W/ Fries  
♥ Chicken Fajitas / Pinto Beans  
**Vegetarian ♥ Chipotle Cauliflower Taco Bowl**

Spanish Rice  
♥ Orange Glazed Beets  
**Mixed Vegetables**

Banana Split Dessert Bar

**9** Mulligatawny Soup  
♥ **Herb Baked Flounder**  
**Kielbasa W/ Sauerkraut**  
**Szechuan Chicken**  
Vegetarian ♥ Apple, Blueberry & Walnut Salad

Potatoes Au Gratin  
♥ Crook Neck Squash  
Corn Medley

Sour Cream Coffee Cake

**10** Tomato Rice Soup  
**Seafood Platter**  
Meat Lasagna  
**NC ♥ Cobb Salad**  
**Vegetarian ♥ Veggie Sub Sandwich**

**Steak Fries**  
♥ **Spaghetti Squash**  
♥ **Green Beans**

Rice Pudding

**11** Lentil Soup W/ Italian Sausage  
Smothered Pork Chop  
♥ **Red Onion Salmon**  
Chef's Special  
Vegetarian ♥ Grilled Veggie Sandwich

Mashed Potatoes  
Creamed Carrots  
♥ **Roasted Brussels Sprouts**

Strawberry Mousse Pie

**12** French Onion Soup  
Turkey Cranberry Wrap  
**Meat Loaf**  
Baked Ziti  
Vegetarian ♥ Vegetarian White Chili W/ Corn Muffin

Scalloped Potatoes  
Cut Corn  
**Capri Mixed Vegetables**

Make Your Own Sundae

**13** Cream of Broccoli Soup  
Country Fried Steak  
♥ White Fish Amandine  
Apricot Glazed Chicken  
**Vegetarian ♥ Spinach & Feta Grilled Cheese Sandwich**

Oven Brownded Potatoes  
♥ **Brussels Sprouts**  
Parmesan Tomatoes

Dutch Apple Pie

**14** Barley Mushroom Soup  
♥ **Chicken Paillard**  
Veal Parmesan  
**Salmon Pattie W/ Mustard Sauce**  
Vegetarian ♥ Fresh Fruit Plate W/ B Muffin

Buttered Egg Noodles  
Scalloped Cauliflower  
**California Vegetable Blend**

Assorted Desserts

**15** Posole Soup  
Taco Salad  
**Cabbage Roll**  
**NC Potato Bar**  
Vegetarian ♥ Veggie Fajita

Rice Con Queso  
♥ **Sweet & Sour Red Cabbage**  
**Capri Blend**

Carrot Cake

**16** Baked Potato Soup  
**Roast Beef au Ju**  
**BBQ Chicken**  
**Shrimp Fried Rice W/ Spring Roll**  
Vegetarian ♥ Mushroom Burgundy W/ Roasted Broccoli

**Twice Baked Potatoes**  
♥ **Waxed Beans & Onions**  
♥ **Spinach**

Lemon Custard Pie

**17** Italian Wedding Soup  
Chicken Fettuccini  
Sweet Italian Sausage W/ Peppers & Onions  
Baked Fish Florentine  
Vegetarian ♥ Vegetable Pasta Parmesan

**Rice Pilaf**  
♥ **Stewed Tomatoes**  
♥ **Green Peas**

Bread Pudding W/ Vanilla Sauce

**18** Seafood Gumbo  
**Beer Battered Cod / Cole Slaw**  
**NC Chef's Salad**  
**Sloppy Joe W/ Fries**  
Vegetarian ♥ Hummus Veggie Wrap

Macaroni & Cheese  
Succotash  
♥ **Collard Greens**

Sweet Potato Pie

**19** Chili Soup  
♥ **Herb Baked White Fish**  
Chicken Marsala  
Hamburger W/ Fixing on A Bun  
Vegetarian ♥ Vegetarian Quesadilla

**Mushroom Rice Pilaf**  
♥ **Summer Squash**  
♥ **Glazed Carrots**

Cream Puffs

**20** Potato Leek Soup  
♥ **Baked Orange Roughy**  
**Salisbury Steak**  
Stuffed Chicken Breast  
Vegetarian ♥ 3 Cheese Quiche W/ Fruit

**Baked Potato**  
♥ **Green Bean Amandine**  
**Cut Corn**

Peach Pie

**21** Chicken Rice Soup  
♥ Catch of The Day  
**Roast Pork W/ Apple Sauce**  
**Club Sandwich**  
Vegetarian ♥ Spinach & Cheese Stuffed Shell

**Roasted Sweet Potato Wedges**  
♥ **Roasted Cauliflower**  
♥ **Peas & Carrots**

Assorted Desserts

**22** Mexican Street Corn Soup  
Sticky Chicken  
Fish Tacos  
**French Dip Sandwich**  
Vegetarian ♥ Guacamole Veggie Wrap

**Rice & Pinto Beans**  
Creamed Corn  
♥ **Mixed Vegetables**

Tapioca Pudding

**23** Tomato Rice Soup  
**NC ♥ Cobb Salad**  
Roasted Rosemary Chicken  
Liver & Onions  
Vegetarian ♥ Veggie Texan Burger

Mashed Potatoes  
♥ **Okra & Tomatoes**  
♥ **Sugar Snap Peas**

Strawberry Short Cake

**24** Split Pea Soup W/ Ham  
**Asian Bar**  
**Meat Loaf**  
**NC ♥ Chicken Caesar Salad**  
Vegetarian ♥ Mushroom Fricassee W/ Cheese Bread

Lyonnais Potatoes  
♥ **Glazed Carrots**  
Green Beans in Garlic Sauce

Lemon Fluff

**25** Manhattan Clam Chowder  
Cod Supreme  
♥ Baked Chicken  
**Old Fashion Pot Roast**  
Vegetarian ♥ Veggie Caprese

Parsley Potatoes  
Cauliflower Mash  
♥ **Green Peas**

Chocolate Mocha Cake

**26** Beef Barley Soup  
Oven Fried Chicken  
Baked Breaded Pork Chops  
Seafood Patties W/ Hollandaise Sauce  
Vegetarian ♥ Egg Salad Sandwich

**Baked Potato**  
Creamed Corn  
♥ **Steamed Broccoli**

Make Your Own Sundae

**27** Cream of Asparagus Soup  
♥ **Maple Walnut Salmon**  
Chicken Cordon Bleu  
Stuffed Pork Chops  
Vegetarian ♥ Malibu Burger W/ Grilled Onions

Lyonnais Potatoes  
Spinach Souffle  
♥ **Cauliflower Blend**

Blueberry Pie

**28** French Onion Soup  
Ham Salad On 7 Grain Bread  
Eggplant Parmesan  
Beef Stroganoff W/ Noodles  
Vegetarian ♥ Vegetable Lasagna

**Sweet Potato Fries**  
♥ **Whipped Carrots**  
♥ **Cabbage Medley**

Assorted Desserts

**29** Menudo Soup  
**Fish On a Bun W/ Fries**  
Beef Chimichanga  
**Wing Fling Bar**  
Vegetarian ♥ Black Bean Chilaquiles

Mexican Rice Pilaf  
**NC Steamed Broccoli W Cheese Sauce**  
**Roasted Yellow Squash**

Coconut Custard Pie

**30** Wisconsin Cheese Soup  
**Chicken Tenders**  
Corned Beef & Swiss on Rye  
Liver & Onions  
Vegetarian ♥ Grilled Portobello Mushroom on A Bun

Mashed Potatoes  
♥ **Sugar Snap Peas**  
♥ **Steamed Carrots**

Raspberry Lemonade Cake

**31** Tomato Florentine Soup  
Swiss Steak  
**Spaghetti & Meat Sauce / Garlic Bread**  
♥ **Cod Tian**  
Vegetarian ♥ Polenta W/ Marinara Sauce

Noodles Romanoff  
**4-Way Mixed Vegetables**  
♥ **Seasoned Italian Green Beans**

Sock It to Me Cake

### Soup:

♥ Vegetable  
**Ice Cream:**  
Vanilla,  
Rainbow Sherbet  
**Sugar Free:**  
Vanilla  
Butter Pecan

### Menu Items Available Every Day

**Salads & Sides:**  
Gelatin Salad • ♥ Tossed Salad w/ Dressing  
♥ Cottage Cheese • Mashed Potatoes (Potato du Jour)

**Entrées:**  
♥ Veggie Burger • ♥ Grilled Chicken Breast  
Grilled Cheese Sandwich • Cheese Omelet or Scrambled Eggs  
w/ Toast, Home Fries, Bacon or Sausage Patties  
• Gluten Free Lentil Patties • Gluten Free Bread

### Flavor of the Month: Black Cherry

**Dessert:** Fresh fruit in place of dessert is available upon request.

\***ITALICIZED ITEMS ARE DAIRY FREE**\* | **"NC"** = "ASK FOR NO CHEESE"