



To learn more
480-834-0600

**Independent & Assisted Living
Memory Care · Supportive Services**

A non-profit Christian Care Community

35 West Brown Road • Mesa, Arizona 85201

[www.FellowshipSquareSeniorLiving.org/
campus/az/historic-mesa](http://www.FellowshipSquareSeniorLiving.org/campus/az/historic-mesa)



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FELLOWSHIP SQUARE
HISTORIC MESA

**Your Questions
Answered About
INDEPENDENT LIVING**



This booklet describes the basics of our services within Independent Living. Services are subject to change due to pandemic status or other emergency situations. For additional detail, please consult the Resident Handbook, Dining Guide, Housekeeping Guide, Transportation Guide or Monthly Activities Calendar.

Who Are We?

Fellowship Square Independent Living, the Oasis Assisted Living and Reflections Memory Care are part of Christian Care, a non-profit corporation founded in 1979.

We offer SUPPORTIVE Senior Living

We understand that health care needs change.

In order to be responsive to our residents' changing needs and address the challenges of remaining independent, we offer a foundation of supportive community living: three lifestyles known as Independent Living, Assisted Living, and Memory Care.

Services within each of these community living lifestyles can be customized and enhanced for individual needs and to maximize quality of life.

How Are We Different?

- Our caring Christian, non-profit structure simply attracts kind, service-oriented people—both staff as well as residents.
- It is evident every day in the outstanding and caring service our staff provides and the wonderful, supportive friendships that our residents form with each other.

When is the Right Time?

- While you're still active and can enjoy the many activities and social opportunities offered here.
- While you have the opportunity to make new friends who can support you during future challenges.
- While the physical challenges of moving aren't too daunting.



Amenities

- 2 Dining Rooms
- 2 Community Centers with activities and fitness areas
- 3 sparkling Swimming Pools
- Computer Stations
- Complimentary On-site Laundry
- 4 Dog Parks
- 2 Libraries
- Beauty/Barber Shop (*fee applies*)
- Craft Cottage & Wood Shop



Mission

Through Christian love and excellence we are dedicated to providing a fulfilling lifestyle and promoting independence to those we serve.



Values

Guided by Christ's love, we believe in the immeasurable value of every person. We are committed to joyfully serve with humility, integrity and respect.



Vision

A world where all people thrive and live with purpose.

Who Lives in Each Community?

- **Fellowship Square Independent Living** has private apartments for individuals 62+ or disabled individuals who need a little extra help to maintain their independence. Our residents enjoy spending more time doing what they want to do versus what they have to do.



- **Oasis Assisted Living**—private apartments for individuals 62+ or disabled who, in addition to needing transportation, housekeeping, meals and activities, also require regular/ongoing assistance with activities of daily living (personal care, medication management). They may no longer feel safe at home alone overnight. They need access to caregiver assistance 24/7.



Our Apartments Include the Following Features

- New paint with accent wall option
- Flooring: contemporary wood look flooring and/or rich gray tone carpet
- All electric appliances—refrigerator, range, garbage disposal and microwave
- Recessed LED lighting in kitchen
- Ceiling fan in living room, dome light in bedrooms
- ADA Compliant 17" toilets
- Easy access showers with grab bars and emergency alert button
- Front security door
- Screens and mini blinds on all windows
- Patio storage closet

Premium Options

- Cabinets—white semi-shaker design, satin nickel pulls
- Stacked washer/dryer unit
- Additional ceiling fans, grab bars
- Rear security door
- Sunscreens
- Screened-in patio

**10 FLOORPLANS
Studios, 1 & 2
Bedrooms!**

Features and available options subject to change.

Available Onsite

Not included in monthly rent.

- Physician services (in-home visits)
- Mobile Urgent Care
- Mobile Dentistry
- Home health (Medicare certified skilled medical services)
- Supportive Services (non-medical home care)
- Outpatient rehab—physical & occupational therapy
- Palliative care (home medical care for serious illness)
- Hospice care
- Nutrition counseling
- Mobile Pet Grooming
- Furniture moving/unpacking
- Individual transportation outside boundary map and other than medically related

*Campus Care Coordinator and Resident Liaison
to connect residents in need
with important services and resources.*

- **Reflections Memory Care**—appropriate for individuals who are struggling with dementia and who need a safe, secure and compassionate environment with specially trained caregivers who help them feel safe and understood.

- Oasis Assisted Living and Memory Care are located just to the south of our Independent Living Community.
 - ◆ Most Oasis residents transitioned from our Independent Living Community right next door. They are aging in place—in a community with staff that their families know and trust.

We are ALTCS (Medicaid) contracted.



INDEPENDENT LIVING

- **Who is Independent Living right for?**
 - ◆ Individuals 62+ or disabled individuals who need a little extra help to maintain their independence.
 - ◆ Tired of trying to keep up with housework & yardwork
 - ◆ Tired of dealing with home repairs
 - ◆ Cooking nutritious meals is a chore
 - ◆ Getting to the store or medical appointments is a challenge
 - ◆ Feeling isolated, bored or lonely
 - ◆ No longer feeling completely safe at home



Spiritual Support

- Full time Chaplain on staff
- Sunday Christian (non-denominational) services
- Weekly Bible study classes
- Hospital visits
- Grief support

Thriving With Purpose

- Opportunities to volunteer and serve abound

Pet Friendly

- Dogs & cats under 30 pounds are welcome (*limit 2 per apartment*).



WE HAVE SOLUTIONS!

- Independent Living in our community addresses all of these concerns and more. The following seven sections are INCLUDED in monthly rent.

1. Independence Starts with SAFETY

- ♦ Security staff on duty 24/7 (CPR/First Aid trained)
- ♦ Personal Assistance Emergency Communication System
- ♦ Daily Welfare Check System
- ♦ Security doors with deadbolt locks
- ♦ Entrance gates locked at night (except main entrance for emergency vehicles)
- ♦ Walk-in/easy access showers with grab bars
- ♦ Multiple elevators throughout community
- ♦ Smoke detectors/alarm system checked every 3 months
- ♦ Regular evacuation drills
- ♦ Balance classes to help prevent falls
- ♦ Criminal background checks and drug testing for all staff
- ♦ Criminal background checks conducted on all residents prior to move in
- ♦ We help residents in personal crisis, connecting them with important resources and help them solve unique problems.

2. Independence Means Less Housework and No Yard Work

- ♦ Full apartment cleaning every other week
 - Linens & towel laundering included (Personal clothing \$5 load)
 - Trash removal from your door twice per week.
- ♦ Complimentary laundry facilities for units without washers/dryers
- ♦ Well kept landscape with green grass and trees throughout the property

3. Independence Means Free Transportation

- ♦ Buses for group outings
 - Grocery store, post office, shopping centers, theater, etc.
- ♦ Vans for individual medical appointments



By reservation and must be within our boundaries (North-Loop 202, East-Power Road, South-Guadalupe, West-McClintock)

4. Independence Means Fewer Bills to Manage

- ♦ Electric, water/garbage/sewer and cable TV (Cox basic) included.

Internet and telephone available but not included.

5. Independence Means Dining with Friends

- ◆ Complimentary meal plan
- ◆ Wide variety of delicious menu options
- ◆ 25 four course meals per month
- ◆ Ala carte options available
- ◆ Take out & delivery available

6. Independence Means Less Hassle When Something Breaks

- ◆ Full time maintenance staff
- ◆ No more frustrating and expensive dealings with plumbers, electricians, appliance or AC repair companies.
- ◆ 24/7 assistance for emergencies.

7. Independence Means Fun Activities

- ◆ Wide range of activities each week including but not limited to...
 - Senior Fitness classes
 - Outings
 - Arts & Crafts
 - Cards & Games
 - Themed events and monthly birthday parties

